

The **BINFIELD** **10K**

Foxley Fields, Binfield, RG42 4EW

10am SUNDAY 19th MAY 2024

Come and join us for this year's 10k run around the Berkshire village of Binfield: binfield10k.co.uk

Volunteers Needed... would you like to be involved? Please volunteer yourself as a Marshal or ask about other roles. We need Marshals on every turning of the route, so we need lots of you! Please email volunteer@binfield10k.co.uk for further information.



COMPLETE ONE FORM PER ENTRANT (BLOCK CAPITALS PLEASE)

Surname:			First Name:			
Address:					Postcode:	
					Gender:	M / F / NS
Club:				Gender:	M / F / NS	
Mobile:			How did you hear about the race?			
Emergency Contact Name:			Emergency Contact Mobile:			
D.o.B.	/	/	Age on race day:		I enclose a cheque for: £	
Email:						

ENTRY FEE: £23.00 (Running club member £21.00)

PLEASE ENCLOSE CHEQUE MADE PAYABLE TO *Binfield 10k* & SEND TO:

Binfield 10k Race, Binfield Parish Office, Benetfeld Road, Binfield, Berkshire RG42 4EW

I declare that I am an amateur as defined by ARC (runningclubs.org.uk) rules. I will abide by the rules for competition issued by ARC and the rules of the Binfield 10k. I will be 16 years or older on the day of the event.

I declare I will not participate unless I am fit to run the event for which I have entered. I accept that I am primarily responsible for my own safety and I agree that the organisers will in no way be held responsible for any injury, loss or illness, as a consequence of my participation in these events, or any loss or damage to my belongings.

The use of headphones is prohibited and anyone using them may be disqualified

Data Protection: The organisers will only use your personal data to process your entry to the Binfield 10k and to keep you updated.

No monies will be refunded under any circumstances

Signed.....

Date.....