

The **BINFIELD 10K**

Foxley Fields, Binfield, RG42 4EW

10am SUNDAY 21st MAY 2017

Come and join us for this year's 10k run around the Berkshire village of Binfield.

Volunteers Needed... If you are not interested in running the 10K but would like to be involved, please volunteer yourself as a Marshal. We need Marshals on every turning of the route – so we need lots of you! Please email volunteer@binfield10k.co.uk for further information.



COMPLETE ONE FORM PER ENTRANT (BLOCK CAPITALS PLEASE)

Surname:			Firstname:			
Address:					Postcode:	
			Gender:	M / F		
Club:			Emergency Mobile:			
Mobile:			Age on race day:		I enclose a cheque for: £	
D.o.B.	/	/				
Email:						

ENTRY FEE: £16.00 (Association of Running Clubs member £14.00)

PLEASE ENCLOSE CHEQUE MADE PAYABLE TO *Friends of Binfield School* & SEND TO:

Binfield 10k Race, Binfield Parish Council Office, Benetfeld Road, Binfield, Berkshire RG42 4EW

I declare that I am an amateur as defined by ARC rules. I will abide by the rules for competition issued by ARC and the rules of the Binfield 10k. I will be 16 years or older on the day of the event.

I declare I will not participate unless I am fit to run the event for which I have entered. I accept that I am primarily responsible for my own safety and I agree that the organisers will in no way be held responsible for any injury, loss or illness, as a consequence of my participation in these events, or any loss or damage to my belongings.

The use of personal headphones (e.g. MP3 players, Ipods etc) is prohibited and anyone using them may be disqualified.

Data Protection Act: The organisers will use your personal data to process your entry to the Binfield 10k and for incidental purposes only.

No monies will be refunded under any circumstances.

Signed.....

Date.....



www.binfield10k.co.uk

